



REFRESHER PHEC

Refresher Pre-Hospital Emergency Care Course



This two-day course is for those who have previously undertaken a PHEC Course and are looking to update and maintain their skills and knowledge in the pre-hospital emergency care of adults. It is a highly practical course involving lots of scenario work, peer learning and continuous feedback delivered through a mentor system with our experienced multi-disciplinary teaching faculty. It involves working outside in all weathers.

This course is one of only two courses approved by the Sport Grounds Safety Authority (Green Guide) to meet the requirements for those providing crowd medical care. The content and delivery are endorsed by The Royal College of Surgeons of Edinburgh.

The PHEC course aims to:

- Equip participants with the knowledge and skills to assess and manage acutely ill or injured adult patients safely in the pre-hospital setting.
- Develop structured patient-assessment and decision-making skills using recognised frameworks.
- Enable participants to undertake safe airway, breathing, circulation, disability, and exposure management at an enhanced-practice level.
- Introduce learners to scene management, personal safety, and multi-agency interoperability (JESIP principles).
- Promote understanding of pharmacological strategies for emergency care, including analgesia, anaphylaxis, and cardiac-arrest management.
- Develop appreciation of the governance, planning, and leadership responsibilities involved in providing medical cover at public and sporting events.

When is it running?

- 7-8 December, Kelvedon Park, Essex

How much does it cost?

BASICS Members: £530
Non-members: £633

[Click here to find out more about the full PHEC course.](#)



Helpful Information

[Sample Programme](#)

Delegate videos:

- [How will I be taught?](#)
- [Why would you recommend the PHEC course?](#)

Who is it for?

Learners should be:

- Registered healthcare professionals (e.g. nurse, paramedic, physician associate, doctor) or trained responders with relevant pre-hospital experience (e.g. British Army CMTs, Royal Navy MAs or RAF Medics, with senior trade training, who are supported by their command to attend). Other trained responders should be able to demonstrate prior learning equivalent to Level 5 or above on the Skills for Health framework.
- Familiar with the pre-hospital ABCDE algorithm.
- Have passed the full PHEC course within the last 3-5 years.
- Foundational proficiencies in basic life support (BLS), for example, a current BLS certificate, use of an AED and physical assessment skills. Whilst not a requirement, ILS and ALS proficiencies are desirable.
- Able to participate in practical scenarios, which will include manual handling and working at floor level.